What makes Health Promotion and Wellness at NGU unique?

The Health Promotion and Wellness (HLPW) program features small class sizes, individual attention from faculty, hands-on learning, work experience in the health promotion and wellness field, and rigorous courses taught with a Christ-centered foundation. The curriculum is grounded in top research organizations such as the American College of Sports Medicine (ACSM), the National Strength & Conditioning Association (NSCA), and the National Commission for Health Education. A student in this program will gain an excellent foundation for a future career as a health promotion and wellness professional.

North Greenville University

Health Promotion and Wellness
P.O. box 1892
Tigerville, SC 29688

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www.NGU.edu
One Major, Many Options

The Bachelor of Science in Health Promotion and Wellness includes:

3 Concentrations
- Exercise Science
- Health Promotion and Education
- Gerontology

Internships
Students culminate a minimum of 375 hours in a variety of settings to help prepare for future career opportunities and graduate study. Sample internship sites include physical and occupational therapy clinics, athletic strength and conditioning, cardiac rehabilitation, employee wellness, spa resorts and fitness centers.

National Certifications
Students are academically prepared to sit for national certification exams such as
- American College of Sports Medicine, Certified Health Fitness Specialist
- National Strength and Conditioning Association, Certified Strength and Conditioning Specialist
- National Commission for Health Education Credentialing’s, Certified Health Education Specialist

After College
Graduates are prepared for careers for numerous professions, including:
- Health professional graduate programs (physical therapy, occupational therapy, physician assistant)
- Graduate programs in exercise physiology, public health, nutrition
- Wellness and health promotion coordinator
- Nutritionist
- Cardiac rehabilitation
- Strength and conditioning coach
- Fitness director
- Researcher

Students say…
“My classes have helped me to understand the complex and creative design of the human body.” - Josh Caviness
“My HLPW classmates have become like family to me.” - Danielle Kiessling
“The faculty not only want you to succeed but they do everything they can to ensure you reach your goals.” - Michael Twitty