

**INDIVIDUAL CURRICULUM WORKSHEET**

NAME \_\_\_\_\_

Bachelor of Science Degree-Health Promotion and Wellness

I.D.# \_\_\_\_\_

(June 2013) GERONTOLOGY

GENERAL EDUCATION	HRS	GR	SEM	HEALTH PROMOTION CORE	HRS	GR	SEM
<b>COMPOSITION</b>				HLPW 13XX – Introduction to Health Promotion and Wellness	3		
ENGL 1310	3			HLPW 2310 – Health Promotion Across the Lifespan	3		
ENGL 1320	3			HLPW 3320 – Fitness Assessment and Prescription	3		
<b>ENGLISH LITERATURE</b>				HLPW 3340 – Aging and Chronic Illness	3		
ENGL 23XX	3			HLPW 3200 – Special Topics Seminar	2		
<b>HISTORY</b>				HLPW 3335 – Nutrition in Wellness	3		
HIST (1350 level or above)	3			HLPW 3410/3411 – Scientific Foundations of Fitness	4		
<b>COMMUNICATION</b>				HLPW 4210 – Senior Seminar	2		
COMM 2300	3			HLPW 4900 – Internship in Wellness	6		
<b>MATHEMATICS</b>				HLPW 1110 Practicum I or HLPW 1120 Practicum II	1		
MATH 1310 College Algebra	3			HLPW 3210 – Practicum III or HLPW 3220 Practicum IV	2		
MATH 2430 Statistics for Science Majors	4			<b>SUPPORTING COURSE REQUIREMENTS</b>			
<b>FINE ARTS</b>				CHEM 1450/51 - General Chemistry I	4		
ARTS 1300, MUSIC 1300 MUSC 1310, or THTR 1300, or ENGL (2000 level)	3			CHEM 1430/1431 – Chemistry of Life	4		
<b>NATURAL SCIENCES</b>				BIOL 2470/71 – Anatomy & Physiology I	4		
BIOL 1410/11 – Principles of Biology	4			BIOL 2480/81 – Anatomy & Physiology II	4		
<b>CHRISTIAN STUDIES</b>				BIOL 2300 – Intelligent Design	3		
CHST 1310 – Old Testament	3			HLTH 1300 – First Aid and CPR	3		
CHST 1320 – New Testament	3			BIOL 33XX Biology of Aging	3		
<b>COMPUTER SCIENCE</b>				SOCY 33XX Sociology of Aging	3		
CSCI 1305	3			PSYC 43XX Psychology of Aging	3		
				PSYC 43XX Death, Dying, and Bereavement	3		
<b>SOCIAL SCIENCES (3 hours total)</b>				<b>WELLNESS ELECTIVES (Select 6 hours from list below)</b>			
PSYC 2310	3			HLPW 3350 – Drug Use and Abuse in Society	3		
COLL 1100 (HNRS 1210 or COLL 1300)	1,2			HLPW 3360 – Human Response to Stress	3		
<b>Total Number of General Education Hours</b>	38-39			HLPW 4320 – Obesity and Weight Management	3		
<b>General Electives (6 hours)</b>				<b>GERONTOLOGY TRACK</b>			
				HLPW 13XX Introduction to Gerontology	3		
				HLPW 3330 – Community/Environmental Wellness	3		
				HLPW 3390 Social Epidemiology	3		
				HLPW 4360 Health Policy and Ethics	3		
				HLPW 13XX Sophomore Seminar in Gerontology	2		
				HLPW 33XX Nutrition, Health and Aging	3		
				HLPW 33XX Exercise and Aging	3		